

## VITA

**PAUL W. SCHENK, PSY.D.**  
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### EDUCATION:

Psy.D. Clinical Psychology, Baylor University, 1978.  
Georgia Mental Health Institute, Atlanta, GA, internship 1977-78.  
Post-graduate Study in Psychology, Baylor University, 1973-74.  
B.S. Administration and Management Science, Carnegie-Mellon University, 1970.

### PROFESSIONAL EXPERIENCE:

Solo Practitioner, 11/1987 - Present  
North Perimeter Psychological Center, 01/1987 – 10/1987  
Atlanta Area Child Guidance Clinic, 09/1979 - 01/1987

#### **Title: Clinical Psychologist**

Provide family, marital and individual psychotherapy on a range of issues with a specialty in the clinical applications of hypnosis. Major orientations include cognitive/behavioral (CBT) and family/systems theories. Other subspecialties include evaluation and treatment of children and adults with ADHD or a history of sexual abuse (PTSD, DDNOS, DID/MPD). Also provide psychological and academic (LD/ADHD) evaluations. Provide training and consultation regarding hypnosis, dissociative disorders, and MMPI-2 interpretation. In the legal area, perform evaluations regarding child sexual abuse and dissociative disorders. Clients range in age from pre-school to 80's. Offer public speaking to community groups with an emphasis on improving communication skills. Over the years have been active with Hospice Atlanta, Fulton County Foster Care Review Project, Mental Health Association, Health Systems Agency, and the media. Produced a weekly mental health segment of a radio program which aired on WKLS (96 Rock) during one two year period. At the State Association level, served on committees that drafted supervision guidelines and child custody evaluation guidelines. Principal investigator in a three year statewide research project in the mid 1990's developing regional outpatient psychotherapy and child custody norms for the MMPI-2. Began writing in 1996 and have since published two books and more than two dozen articles in several journals and magazines in the US, England and Australia.

Georgia School of Professional Psychology (Argosy University), 1999 Spring semester

#### **Title: Adjunct Faculty**

Taught two sections of Personality Assessment I during the 1998-1999 academic year.

Rappahannock-Rapidan Community Mental Health Center Culpeper, VA, 09/1978 - 09/1979

#### **Title: Coordinator, Special Programs for Children and Adolescents**

Provided interface between a five county rural community and five mental health clinics to integrate delivery of services to children and adolescents. Functions included program and case-oriented consultation activities with clinic staffs and other agencies, psychotherapy with children and families, community based prevention/education groups, group therapy in school settings, supervision of practicum students, diagnostic evaluations, and emergency coverage. Instrumental in drafting Center's policies/procedures and improving organizational structure. Served on HSA Task Force on Mental Health Needs for Children, and an area Task Force on Juvenile Delinquency Prevention. Developed Mental Health Speaker's Bureau. Wrote for mental health column in area newspapers.

## **CURRICULUM VITA**

### **PAUL W. SCHENK, PSY.D.**

#### **CONTINUING EDUCATION (partial listing):**

American Society of Clinical Hypnosis Annual Conventions, 1989, 1999 - 2001, 2003, 2005- 2015.  
Society for Clinical and Experimental Hypnosis Annual Convention, 2011.  
Georgia Psychological Association (GPA), Division E (Division of Independent Practice) Continuing Education Conferences, 1980-1997, 1999-2001, 2003, 2005, 2008.  
GPA Annual Conferences, 1980 - 1995, 1997, 1999, 2001- 2003, 2007.  
Neuroethics: An Overview of Some Contemporary Issues, 2010, John Banja, Ph.D.  
MMPI-2-RF Workshop, Yossef Ben-Porath, Ph.D., Atlanta, 2008.  
Pediatric Bipolar Disorder: Early Identification and Intervention, Kiki D. Chang, M.D., United Behavioral Health teleconference, 2006.  
Optimizing ADHD Treatment: Subtypes & Comorbidity, Russell A. Barkley, Ph.D., United Behavioral Health teleconference, 2006.  
MMPI-2 Workshops, Yossef Ben-Porath, Ph.D., Jack Graham, Ph.D., Paul Arbisi, Ph.D., Atlanta, 2006.  
Assessment and Treatment of Dyslexia and Other Reading Disorders, Glenda C. Thorne, Ph.D., Atlanta, 2006.  
From ADD to Alzheimer's, Daniel G. Amen, M.D., Atlanta, 2004.  
Clinical Aspects of Alzheimer's Disease and Related Disorders, Paul W. Nussbaum, Ph.D., Atlanta, 2004.  
Brief Cognitive Hypnosis – Facilitating the Change of Dysfunctional Behavior: An Introduction, Jordan Zarren, MSW, DCSW, DAHB, Atlanta, 2002.  
American Psychological Association Annual Convention, 1988, 1999.  
Understanding, Evaluating, and Treating ADHD in Adults, Sam Goldstein, Ph.D., APA Annual Conference, Boston, 1999.  
Risk Management in Clinical Practice: The Ethical, Legal and Scientific Issues, Dan Brown, Ph.D., Alan Schefflin, J.D., Atlanta, 1998.  
The Use of the MMPI-2 for Time-Limited Psychotherapy, James Butcher, Ph.D., Atlanta, 1996.  
Clinical Workshop on Forensic Use of the MMPI-2, James Butcher, Ph.D., Atlanta, 1996.  
Advanced Workshop #9 on Medical/Experimental Abuse, Jim McCarthy, M.A., Sue Schrader, Ph.D., Atlanta, 1996.  
Diagnosis and Treatment of Adults with ADHD, June Kaufman, Ph.D., Steven Perlow, Ph.D., Atlanta, 1996.  
Recent Advances in the Dissociative Disorders: Theory, Research and Practice, Sue Schrader, Ph.D., Atlanta, 1995.  
Childhood Trauma: Long Term Effects and Memories, Lenore Terr, MD, 1995  
Workshop on MPD, Atlanta, GA 1994.  
Georgia Council on Child Abuse, Annual Conference, 1988.  
Jungian Winter Seminar, Jungian Institute, 1986.  
Conference on Child Sexual Abuse, 1985.  
Second International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, 1983.

#### **PRESENTATIONS (partial listing):**

“A 40 Year Review of the Scientific Literature Consistent with the Concept of Reincarnation and the Resulting Clinical Implications”, American Society of Clinical Hypnosis, Annual Conference, Jacksonville, FL, 2015.  
Training Faculty, American Society of Clinical Hypnosis Annual Conference Regional Conference, Jacksonville, FL, 2013.  
“Freud, Free Association, and the Fill-in-the-Blank Induction”, American Society of Clinical Hypnosis, Annual Conference, Louisville, KY, 2013.  
“Using (Self-) Hypnosis to Explore Questions About Life After Life: Facilitating NDE-like Changes Without the Flat Lines”, Association for Death Education and Counseling, Annual Conference, Atlanta, 2012.  
“How and Why Does Past Life Therapy Work?” American Society of Clinical Hypnosis, Annual Conference, Charlotte, NC, 2012.  
“If a Hypnotic Method Works, Is It Okay to Use It If You Believe the Underlying Theory is Invalid? The Problem with Therapy of the ‘Past Life’ Type”, Society for Clinical and Experimental Hypnosis Annual Convention, New Orleans, 2011.  
A Clinical Look Back on 25 Years of the Implications of Reincarnation and the Clinical Applications of Past Life Therapy, Huntsville, AL, 2011.  
New England Society of Clinical Hypnosis, Spring Conference, training faculty, Boston, MA, 2009.  
American Society of Clinical Hypnosis Regional Conference, training faculty, Atlanta, GA, 2008.  
“The Hypnotic Use of Waking Dreams: Near-Death Experiences Without the Flatlines”, New England Society of Clinical Hypnosis”, Newton, MA, 2008.  
“Beyond the Hallway of Doors: The Clinical Uses of Interactive/Hypnotic Dreams”, American Society of Clinical Hypnosis Annual Conference, Chicago, 2008.  
“The MMPI-2's Continued Usefulness as a Diagnostic Tool”, GPA Midwinter Conference, Destin, FL, 2008.

## **CURRICULUM VITA**

### **PAUL W. SCHENK, PSY.D.**

- “The Clinical Applications of Ideomotor Signaling”, Cambridge Hospital, Boston, MA, 2007.
- “The Hypnotic Use of Waking Dreams”, Cambridge Hospital, Boston, MA, 2007.
- “The Hypnotic Use of Waking Dreams”, video presentation at the American Society of Clinical Hypnosis/Society for Clinical and Experimental Hypnosis Annual Conference, Dallas, TX. 2007.
- “The Application of Hypnotic Strategies When Anxiety is a Presenting Symptom.” Georgia Hypnosis Society, Atlanta, GA. 2006.
- “The Clinical Implications and Applications of the Evidence for Life After Life.” (2 presentations) Georgia Association of Marriage and Family Therapists; Georgia Hypnosis Society, Atlanta, GA. 2005.
- “The Many Applications of Hypnosis in Everyday Clinical Practice”. Division E Midwinter Conference, Georgia Psychological Association, Asheville, NC. 2005.
- “The Seven Highly Effective Forms of Intuition”. Georgia Hypnosis Society, Atlanta, GA, December, 2002.
- “Near-Death Experiences Without the Flatlines”, Georgia Hypnosis Society, Atlanta, GA, 2000 (September and October).
- “Phase-Oriented Treatment for Trauma: A Millennium Update”, Division E Midwinter Conference, Georgia Psychological Association, Atlanta, GA, 2000.
- “The Benefits of Working with a ‘Dead’ Patient: Hypnotically Facilitated Pseudo Near-Death Experiences” American Psychological Association paper session, Boston, 1999.
- “Now That You Have Diagnosed the Child/Adolescent with a Dissociative Disorder, How Do You Treat It?” Inner Harbour, Douglasville, GA, 1999, with Nancy Aldridge, MSW, LCSW.
- “The Resilient Therapist: Practicing Effectively, Competently, and Ethically with Patients Who Report Childhood Abuse”, Division E Midwinter Conference, Georgia Psychological Association, Hilton Head, SC, 1999, with Sue Schrader, Ph.D.
- “Recognizing and Treating Patients with Dissociative or Stress Disorders While They’re Still Children/Teens”, Inner Harbour, Douglasville, GA, 1998.
- “Child Welfare/Childhood Disabilities and the Federal Welfare Bill”, Social Security Disability Series for Human Services Professionals, Atlanta, GA, 1997.
- “The MDI-R and MMPI-2 as Treatment Outcome Measures: A Standardization Project” (with William Doverspike, Ph.D.), Southeastern Psychological Association, Atlanta, 1997.
- “Look Who’s Coming for Therapy: The MMPI-2, MDI and Managed Care”, APA Division 42 Mid-Winter Conference, St. Petersburg, FL, 1997.
- “Look Who’s Coming for Therapy: The MMPI-2, MDI and Managed Care”, (with William Doverspike, Ph.D.), Hilton Head, SC, 1996.
- “The Concept of the Psychological Parent” Interview with Dana Azar, 6th Annual Urgent Legal Matters, Institute of Continuing Legal Education in Georgia, Atlanta, GA, 1995.
- “Diagnosis of Post Traumatic Stress and Dissociative Disorders” (with Shirley Chancey, Ph.D. and Diane Wender, M.Ed.), Atlanta, GA, 1995
- “Hypnotic Treatment of Dissociative Disorders” (with Drs. Rasche and Melrose), Atlanta, GA, 1995.
- “Presentation of Data from the Research Study: Outpatient Psychotherapy Code Types on the MMPI-2: A Statewide Normative Study”, Atlanta, GA, 1995.
- “A Single Session Diagnosis of DID Utilizing a Four Hour Interview”, Division. E Midwinter Conference.
- “The Art and Practice of Being Misunderstood”, IRS, Atlanta, GA.
- “Computers in Clinical Practice”, GPA Annual Meeting (with Drs. Adams and Miller), Atlanta, GA.
- “The Development and Management of a Clinical Practice”, GPA Annual Meeting, (with Drs. Adams, Miller, and Power), Atlanta, GA.
- “The Public Affair”, WKLS radio, 1982 -1984. Hosted the weekly series of interviews of professionals on a variety of mental health topics, Atlanta, GA.
- “Enjoying Guilt, Depression, and the Other Good Things in Life”, Georgia Conference on Social Welfare, Atlanta, GA.

### **LICENSURE:**

Georgia License #PSY000663 (since 1979)  
National Register of Health Service Providers in Psychology

### **RESEARCH:**

Outpatient Psychotherapy Code Types on the MMPI-2: A Statewide Normative Study. 1993 – 1996. Investigators:  
Paul W. Schenk, Psy.D., Martin Sellbom, M.A., John R. Graham, Ph.D.

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#### **PROFESSIONAL MEMBERSHIPS:**

American Psychological Association (APA)  
Georgia Psychological Association (GPA), Fellow  
Division E (Independent Practice)  
Division G (Family)  
American Society of Clinical Hypnosis (ASCH), Member & Approved Consultant  
Georgia Hypnosis Society (GHS)  
Professional Academy of Custody Evaluators, Fellow (through 2000)  
International Association for Regression Research and Therapy (IARRT) (through 2014)

#### **PRIOR OFFICES:**

Past President, Georgia Hypnosis Society  
Legislative Committee, ASCH  
ASCH Board of Governors Representative  
ASCH Literature Committee  
Chairperson, Division of Independent Practice, GPA  
Child Custody Committee (Ad Hoc), GPA  
Treasurer, GPA  
Secretary, Division of Independent Practice, GPA  
Chair, GPA/Division E Research Committee

#### **PUBLICATIONS:**

- Schenk, P. (2012). Ripples of a Kindness Remembered, in Gow & Celinski, eds. Individual Trauma: Recovering from Deep Wounds and Exploring the Potential for Renewal. Hauppauge, NY: Nova Science Publishers, Inc.
- Schenk, P. & Maynard L. (2012). In The Garden. *American Journal of Clinical Hypnosis Newsletter*, Summer issue, 3-4, 15-18.
- Schenk, P. (2009). Family/Systems Therapy in the Fourth Dimension: A Theoretical Model for Therapy of the Past Life Type. *Australian Journal of Clinical and Experiential Hypnosis*. 37(2), 192-217.
- Schenk, P. (2008). Waking Dreams: Hypnotically Facilitated Pseudo Near-Death Experiences. *Australian Journal of Clinical and Experiential Hypnosis*. 36(1), 1-12.
- Schenk, P. (March, 2008). Just Breathe Normally: Word Choices That Unintentionally Trigger Negative (Nocebo) Responses From Patients. *American Journal of Nursing*, 52-57.
- Schenk, P. (2006). The Hypnotic Use of Waking Dreams: Exploring Near-Death Experiences Without the Flatlines. London: Crown House Publishing.
- Wygant, D. B., Sellbom, M., Graham, J. R., & Schenk, P. W. (2006). Incremental Validity of the MMPI-2 Personality Psychopathology Five (PSY-5) Scales in Assessing Self-Reported Personality Disorder Criteria. *Assessment*, 13, 178-186.
- Sellbom, M., Graham, J. R., & Schenk, P. W. (2006). Incremental validity of the MMPI-2 Restructured Clinical (RC) Scales in a private practice sample. *Journal of Personality Assessment*, 86(2), 196-205.
- Sellbom, M., Graham, J. R., & Schenk, P. W. (2005, August). Incremental Validity of the MMPI-2 Restructured Clinical (RC) Scales. Poster presented at the 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Sellbom, M., Graham, J. R., & Schenk, P. W. (2005, August). Incremental Validity of the MMPI-2 Restructured Clinical (RC) Scales. Poster presented at the 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, DC.
- Sellbom, M., Graham, J.R., & Schenk, P.W. (2005). Symptom Correlates of MMPI-2 Scales and Code Types in a Private Practice Setting. *Journal of Personality Assessment*, 84(2), 163 - 171.
- Schenk, P (2005). The Illusion of Choice. *Georgia Psychologist*, 59(2), 14.
- Schwegler, R.A. & Schwegler, N.N. (Ed.) (2004). Personal Writing, "Tools for Life" in Writing in Depth. New York: Longman.
- Sellbom, M. Graham, J.R., & Schenk, P.W. (2004). *Using the MMPI-2 in a Private Practice Setting: Symptom Correlates of Clinical Scales, Content Scales, and Code Types*. Poster presented at the 39<sup>th</sup> Annual Symposium on Recent Developments in the Use of the MMPI-2 and MMPI-A, Minneapolis, MN.
- Wygant, D.B., Sellbom, M., Graham, J.R., & Schenk, P.W. (2004). *Incremental Validity of the MMPI-2 Personality Psychopathology Five (PSY-5) Scales in Assessing Self-Reported Personality Disorder Criteria*. Paper presented at the 2004 Annual Meeting of the Society for Personality Assessment, Miami, FL.

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### **PAUL W. SCHENK, PSY.D.**

- Schenk, P. (2004). 9 Great Ways to Quit Sabotaging a Good Conversation: Proposal For a 9 Week Classroom based Pilot Project *Nurturing Potential*, Spring, Vol 3(1), 19-20.
- Sellbom, M. Graham, J.R., Schenk, P.W., & Ben-Porath, Y.S. (2003) *Convergent and Discriminant Validity of the Clinical and Restructured Clinical Scales of the MMPI-2*. Paper presented at the 38<sup>th</sup> Annual Symposium on Recent Developments in the Use of the MMPI-2 and MMPI-A, Minneapolis, MN.
- Schenk, P. (2003). I'm Right Here Grandma! *Nurturing Potential*, Autumn/Winter, Vol 2(3), 45.
- Schenk, P. (2003). Faulty Assumptions. *Nurturing Potential*, Summer, Vol 2(2), 26-28.
- Schenk, P. (2003). Lessons From a Flasher. *Nurturing Potential*, Spring, Vol 2(1), 22-23.
- Schenk, P. (2002). How to Talk So He'll Listen and Listen So He'll Talk. *Family Circle*, November 1, 2002, 26-28.
- Schenk, P. (2002). French Fries and Food Fights. *Nurturing Potential*, Winter, Vol 1(2), 20-21.
- Schenk, P. (2002). Dissociative Identity Disorder (DID) Masked by ADHD Symptoms. *The ADHD Report*, October 2002, 1-5.
- Schenk, P. (2002). Teach Your Parents to Stop Nagging. *Nurturing Potential*, Autumn, Vol 1(1), 22-24.
- Schenk, P. (2002). Great Ways to Sabotage a Good Conversation. Atlanta: Standard Press.
- Schenk, P. (2002). When Words Get in the Way of Love: 4 Language Traps to Avoid. *Family Circle*, May 20, 2002, 42-44.
- Schenk, P. (2002). Beyond the Five Senses. *Georgia Psychologist*, 56:2, 20-21.
- L'Abate, L., Lambert, R., & Schenk, P. (2001). Testing a Relational Model of Psychopathology with the MMPI-2. *The American Journal of Family Therapy*, 29:3, 221-238.
- Schenk, P. (2001). Tools For Life. *Family Circle*, September 1, 2001, 130.
- Schenk, P. (2001). Effective Ways to Sabotage a Good Conversation – Part IV: Why “Why” Doesn't Work. *New Learning: The Journal of the NLP Education Network*, Summer 2001:109, 15-16.
- Schenk, P. (2001). Effective Ways to Sabotage a Good Conversation – Part III: Absolutes. *New Learning: The Journal of the NLP Education Network*, Spring 2001: 9, 18-19.
- Schenk, P. (2001). The Words That Really Work With Kids. *Family Circle*, February 20, 2001, 52-54.
- Schenk, P. (2000). Effective Ways to Sabotage a Good Conversation – Part II: To Should or Not to Should is the Wrong Question. *New Learning: The Journal of the NLP Education Network*, Autumn 2000:8, 18-19.
- Schenk, P. (2000). Effective Ways to Sabotage a Good Conversation – Part I: Don't Read This Article. *New Learning: The Journal of the NLP Education Network*, Summer 2000:7, 21.
- Schenk, P. (2000). What Sounds Right to You May Look Better to Your Child. *New Learning: The Journal of the NLP Education Network*, Winter 1999/2000:6, 10-13.
- Schenk, P. (1999). There's More Than One Way to Learn – Nurturing Your Child's Style. *Family Circle*, September 14, 1999.
- Schenk, P. (1999). The Benefits of Working with a “Dead” Patient: Hypnotically Facilitated Pseudo Near-Death Experiences. *American Journal of Clinical Hypnosis*, 42:1, 36-49.
- Schenk, P. (1999). Reducing the Risks of Ethics Complaints Via Careful Documentation of Informed Consent in Child Custody Evaluations. In *Innovations in Clinical Practice: A Source Book, Vol 17*, VandeCreek, L. & Jackson, T. (Ed.), p. 217-235. Sarasota, FL: Professional Resource Press.
- Schenk, P. (1998). Therapeutic Pseudo Near-Death Experiences With Hypnosis. *Georgia Psychologist*, 52:2, 24.
- Schenk, P. (1997). MMPI-2 Norms for Child Custody Litigants. *The Custody Newsletter*, 15, 29-36.
- Schenk, P. (1996). MMPI-2 Norms for Child Custody Litigants. *Georgia Psychologist*, 50(2), 51-54.
- Cooley, E., Eber, H., & Schenk, P. (1993). MMPI-2 Changes and the Menstrual Cycle in College Women. Paper presented at the Southeastern Psychological Association, Atlanta, GA.